

Strategic solutions for sustainable environmental management

Nigora Turdiyeva^{1*}, *Maftuna Babanazarova*¹, *Nargiza Raximova*¹, and *Yulduz Shoyeva*¹

¹Bukhara State Pedagogical Institute, Bukhara City, Piridastgir, 2, 200100, Uzbekistan

Abstract. In this article, the impact of ecology on the environment and the impact of its waste on it are studied, and the possibilities of planning this process are studied. In this regard, issues of implementing the relationship between man and nature through the impact of waste on the environment, reducing the impact of electronic waste, further strengthening the impact of ecology on the tourism sector, strategic planning and monitoring of effective environmental management. discussed. Also, the impact of waste on the environment was considered on the basis of various analyses, proposals and recommendations were developed based on the opinions of research scientists.

1 Introduction

In various nations across the globe, fostering a stable connection between humanity and the environment, alongside tackling contemporary environmental challenges, stands out as a paramount concern. Consequently, issues related to environmental protection are perceived as intricate dilemmas. Experimentation in foreign countries explores utilizing nature to enhance methods and systems for optimizing the judicious use of natural resources, preventing adverse consequences during their utilization. This endeavors to cultivate eco-economic mindset, employ modern techniques to avert harmful impacts on nature during utilization, make eco-economically sound decisions, and enhance eco-economic literacy.

Within the framework of the emerging economy, it is becoming increasingly practical to implement regional systems aligned with scientifically grounded environmental criteria for utilizing natural conditions and resources. This involves adapting to economic resources, social structures, and the responsible utilization of natural resources while mitigating the negative impact of waste. The comprehensive set of measures for the conservation of natural resources includes all forms of exploiting their potential. Additionally, effective waste management entails regular restoration of renewable resources, enhancing their biodiversity, elevating their quality, purposefully transforming nature, decommissioning specific areas for transformation into designated protected zones, such as reserves. The intentional alteration of nature for specific purposes is justified in a planned and scientific manner to boost the productivity of biological systems within nature [1].

* Corresponding author: gulbahor29.05@gmail.com

2 Material and methods

This article employs research methodologies including analysis, synthesis, economic techniques, logical analysis, as well as inductive, deductive, and abstract reasoning. Certain references delve into the issue, exploring the causes and potential remedies for food waste at the consumer level. These sources also intertwine the manifestation of the problem with political, systemic, and environmental perspectives [2]. Addressing the problem entails minimizing the impact of emissions.

Inadequate waste management and a lack of planning for resource recovery strategies contribute to the depletion of valuable resources and an upsurge in burdens on the environment. Therefore, the implementation of a sustainable waste management model becomes imperative to enhance resource efficiency and divert waste from impacted areas [3]. A system model employing a stock and flow approach has been suggested to analyze waste management metrics, design future scenarios for waste generation, recycling, and disposal. This model was studied using England as an illustrative example.

Based on the conducted analysis, the household waste production and collection model encompass the following integrated components:

- waste recycling;
- disposal;
- energy recovery.

The efficiency of waste management is assessed using both high and low flow indicators. Projections suggest that by 2035, landfill-bound waste could be reduced by 10% of its total amount. However, the energy derived from these wastes requires substantial investments and payments, rendering it financially unstable. Removing food content from residual waste runoff could lead to processing 65% of waste by 2035. To achieve a functional and effective economy, the integration of waste processing technologies and assessment in environmental policy and planning is crucial.

Certain research categorizes households according to motivational and managerial practices aimed at minimizing food waste, differentiating them based on varying factors related to food management practices and motivational aspects. The assessment involves evaluating the influence of motivation and food management on household food waste. Utilizing household data from the United Kingdom, a range of motivations (thrift, environmental awareness, and emotion) and management practices (planning, verification, and active measures) are identified [4]. As per this research, waste planning should align with the objectives of sustainable development.

The pursuit of sustainable development goals through the National Waste Management Policy necessitates the formulation of plans and implementation strategies grounded in empirical and data-driven processes [5]. In developing countries, a national policy is proposed and ensured based on the current stage of its implementation. This approach facilitates the analysis of strengths and weaknesses within the National Waste Management Policy, leading to potential recommendations to overcome primary challenges hindering its execution. The absence of effective planning utilizing data and analytical tools is identified as the key factor impeding progress. Various stakeholders are engaged to propose methods for policy implementation and to introduce diverse approaches for transforming activities within the National Waste Sector.

Globally, waste management has emerged as a escalating challenge, concurrently contributing to heightened environmental costs in developing nations [6]. The efficacy of waste management hinges on various factors, encompassing the waste management practices of the population and the government's dedication to sustainable waste management. This study specifically delves into household waste, a subset of plastic waste. In Vietnam, the

social practice theory is employed to qualitatively investigate the perspectives of the populace regarding waste management.

In research implementation, focus groups cover significant urban, coastal, and marine conservation areas. Data analysis employs inductive and deductive coding principles along with the commentator approach. The results elucidate the categorization of people's practices in sustainable and unstable waste management, as well as factors influencing or impeding sustainable waste management from the perspective of the population. According to the studied population, while adequate technical infrastructures can support sustainable waste management practices, the social aspect poses a stimulating challenge. Consequently, the study scrutinizes effective government leadership, the coordination of technical infrastructures, and the state of social institutions involved. Achieving sustainability requires collaborative efforts from families, communities, businesses, both formal and informal waste sectors, and social organizations.

E-waste emerges as a recent focus amid the rising influx of hazardous waste [7]. Developing nations grapple with challenges related to the generation and handling of domestically produced or illicitly imported e-waste. This study delves into crucial facets of e-waste, encompassing e-waste production, its management, the composition of e-waste components, sustainable utilization, regulation, and education in e-waste management. Globally, approximately 20 % of electronic waste is deemed suitable for reuse.

India secured the 177th position out of 180 countries in the 2018 Environmental Efficiency Index. Since then, the annual production of electronic waste in India has surged by \$2 million, surpassing tons. Furthermore, the country imports substantial quantities of e-waste from other nations. An examination of waste management procedures in India reveals that nearly 70 % of electronic waste comprises computer components, 12 % relates to telecommunications devices, 8 % pertains to electrical appliances, and 7 % involves medical examination apparatus, including waste residues from consumer electronics.

Electronic waste encompasses harmful elements such as Pb, Cd, Hg, Au, Cu, and various heavy metals, posing risks to human health and animals. In India, electronic waste is often reused in an unregulated and simplistic manner. This study assesses the awareness level regarding the high demand for e-waste production and recycling practices in the country. However, the Extended Producer Responsibility concept is gaining traction, characterized by heightened awareness levels within the organizational sector to mitigate the adverse impact of polluting technologies employed in e-waste recycling on the environment and health. The study emphasizes the prevalence of waste activated by negative external influences in waste areas and incineration projects. Waste incineration, considering land resources, remains a stable method of waste disposal, particularly in regions with limited growth in household waste [8].

The incineration policy in China was initiated by the central government in 2006. Local governments responded actively, collaborating with the private sector to establish incineration plants. However, the planning processes for combustion plants faced a significant setback due to limited public participation [9-16]. To address this, local governments employ community engagement strategies, including interactive communication, transparent information sharing, enhanced monitoring, and compensation programs, aiming to restore public trust and enhance social justice. Breaking this cycle is crucial, considering potential negative aspects that could impede infrastructure development processes and increase costs. This research aims to act as a "catalyst", fostering improvements in government management and steering the rapidly developing incineration industry toward a more sustainable direction. When planning the impact of waste on the environment, it is necessary to take into account the risks of human resources [14]. All of them are aimed at protecting the environment.

3 Results

Optimizing the utilization of nature involves evaluating resources, both collectively and within specific regions. When utilizing nature, it's imperative to consider interaction characteristics, harmony, the law of influence, ecological balance, and the stability of various components and complexes with each other. This comprehensive criterion holds significance throughout the wealth utilization process, and its validity across all regions is crucial for achieving a significant impact. As per this perspective, the foundation for executing strategic planning in addressing emissions lies in information and monitoring materials. A crucial task in this domain involves establishing a functional geoengineering system.

The foundation for executing strategic planning regarding emissions management involves information and monitoring system resources. These aid in facilitating scientific data and methodologies throughout the planning process and overseeing plan execution. The utilization of geoengineering technologies enables the effective resolution of strategic planning objectives. A comprehensive geoagricultural system, constructed with Geoagricultural tools, is essential for analyzing extensive information and parameters in an interconnected manner.

In accordance with it, the establishment of a pragmatic geoengineering system will involve the following phases:

- in the initial phase, the evaluation of inventory and territorial information takes place, where the task group analysis and database structure pertinent to information users are delineated.

- the subsequent phase entails an examination of information concerning the primary components to be scrutinized.

- the third phase involves a direct assessment, wherein planning projects, informed by the materials from the initial and second stages, are equipped with ample information.

Following these stages, automatic and semi-automatic tools, along with various computerized equipment, are employed. Enhancing the current monitoring system contributes to elevating the technological standard of regular monitoring. This, in turn, considers the enlargement of the monitoring network and the inclusion of specific, imprecise, and pollution sources in the coverage.

Apart from these, surveillance in waste planning will concentrate on executing the subsequent responsibilities:

- monitoring the efficacy of activities outlined in strategic plans.

- promptly notifying participants involved in event implementation.

- aiding in rectifying deficiencies identified during planned events.

- formulating novel monitoring methods corresponding to diverse natural elements and socio-economic conditions in alignment with the outlined tasks, and so forth.

The Monitoring program is devised considering the distinct circumstances of the regions and their prospective development areas. The foundation of the program is ascertained through the following directives:

- formation of an intricate environmental monitoring system enabling the oversight of diverse natural environments and anthropogenic-environmental conditions within the confines of relatively secluded regions.

- monitoring entails a fusion of form and purpose, where the outcomes of monitoring serve as the groundwork for establishing a system of objective indicators reflecting the state of the "nature-man" system.

To prevent the adverse effects of waste, surveillance efforts are employed to oversee and regulate the efficacy of the execution of targeted measures outlined in strategic plans aimed at preserving and utilizing nature, while considering established metrics. Recipients of monitoring outcomes include governmental entities, regulatory agencies, land stakeholders,

and the general public [9]. It is crucial to establish an intelligent market for this purpose. The introduction of cutting-edge market dynamics within the framework of a Smart market fosters optimal conditions for the efficient structuring of this market through the integration of smart technologies [13].

The consequences of emissions on the environment can detrimentally impact the operations of businesses in the absence of proper planning. The primary mechanism compelling industrial enterprises to curtail emissions involves adhering to environmental standards, which encompass establishing maximum permissible emissions and implementing temporary emissions controls into the atmosphere [10]. In the strategic planning of waste's environmental impact, it is crucial to assess their dynamics concerning reproduction. This evaluation utilizes key performance indicators, involving a comparative analysis of natural resources across regions. The analysis identifies trends in emission changes, imbalances, and shortcomings in their utilization and reproduction (Figure 1).

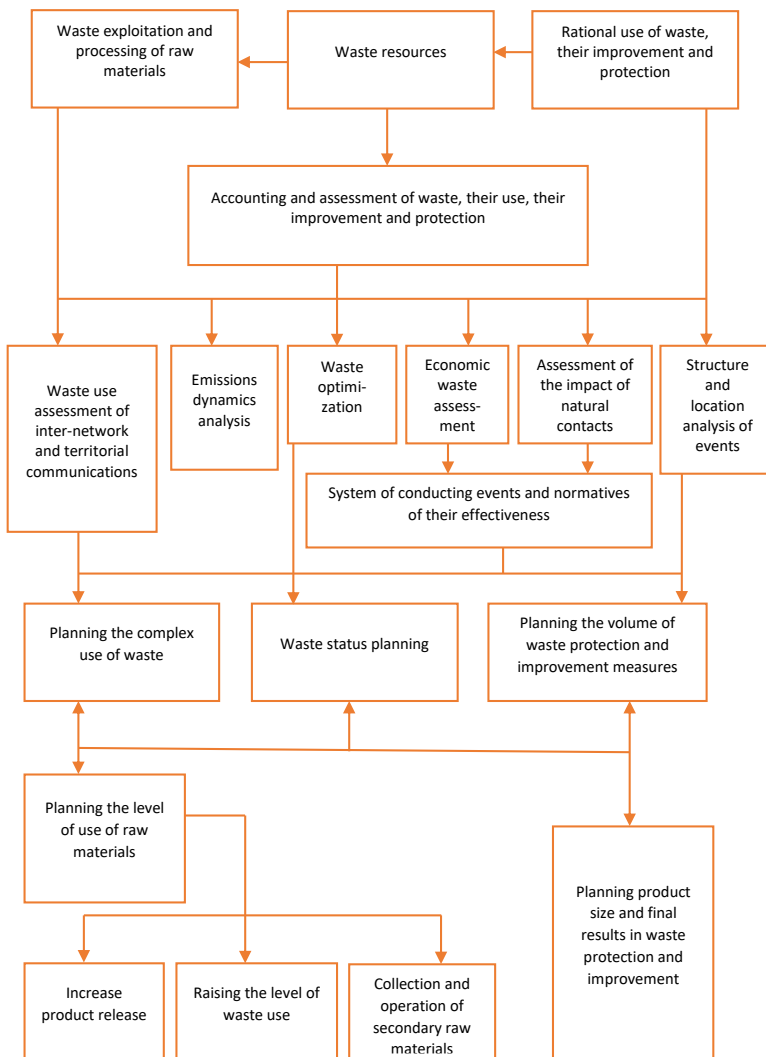


Fig. 1. Illustrates the strategic planning for the environmental impact of waste

Aside from these considerations, the establishment of appropriate benchmarks for pollutants involves employing techniques to calculate their dispersion in the atmosphere, encompassing comprehensive calculations within the urban and settlement areas, as stipulated in Paragraph 3. Despite the utilization of generalized calculation methods, this metric remains a pivotal factor.

Aligning with the enterprise's obligation to stay within the designated atmospheric pollutant limit (CD_{npj}). Appropriate standards are set for each state of pollution, denoted by j .

In this context, (x, y) - denotes the coordinates of any point within the impact zone from exhaust emissions.

$$S_{prj}(x, u) \leq S^d_{prj}(x, u) \quad (1)$$

$C^d_{prj}(x,y)$ - represents a numerical quota generated through the dispersion of contaminants j at the specified point (x, y) . This value is determined through comprehensive calculations derived from the general assessment of air pollution resulting from vehicle emissions.

In the absence of a system for computing the overall assessment and permissible quotas, the adherence of each pollutant j to the conditions outlined in Paragraph 2 is verified:

$$Q_{sumj} = q_{prj} + q'_{ufj} \leq 1, \quad (2)$$

$$Q_{prj} \equiv \frac{C_{prj}}{MPC_j} \text{ yoki } Q_{prj} \equiv \frac{C_{prj}}{10 * MPC_{ccj}}, \quad (3)$$

$$MPC_j = \min\{MPC_{rj}, MPC_{ej}\}, \quad (4)$$

$$MPC_{c.c.j} = \min\{MPC_{c.c.rj}, MPC_{c.c.ej}\}, \quad (5)$$

In this context,

q_{sumj} (expressed as a fraction of the maximum permissible quantity) represents the cumulative quantity of j , accounting for pollutant levels;

q_{prj} (in maximum allowable quantitative fractions) signifies the quantity of pollutants generated by the enterprise's waste;

C_{prj} (mg/m^3) denotes the concentration of contaminants j in the ground layer calculated according to the specified methodology;

MPC_{rj} (mg/m^3) indicates the maximum single quantity (MPCm) or the approximately safe exposure limit (SAEL);

$MPC_{c.c.j}$ (mg/m^3) stands for the average daily maximum allowable quantity of substance j in the air.

MPC_{ej} and $MPC_{c.c.ej}$ (mg/m^3) is the maximum allowable j of pollutants in the air (maximum disposable and average daily) for a specific part of the ecosystem;

q'_{ufj} (expressed in MPC_j fractions) signifies the volume of pollutants j released by businesses in the regions, including mobile vehicles

Furthermore, in evaluating the ecological impact of tourism within the economic network, it's feasible to gauge the quantity of domestic waste accumulated during the provision of hotel services to international tourists by utilizing practical statistics [11]. To facilitate this, the proposed formula is as follows:

$$y = t_x * v_{x.t.s.q} * s.ch_m$$

Here:

Y - represents the quantity of household waste contributing to ecological impact due to tourists utilizing hotel services, while t_x signifies the count of foreign tourists.

Hence, it is recommended to foster the growth of the tourism sector to mitigate the waste impact. In this context, the influence of ecology on tourism development is considered during the planning phase. The interconnectedness of tourism and the environment is acknowledged,

recognizing that tourist activities can exert both positive and negative environmental effects on the natural surroundings [12]. The development and management of tourism should align harmoniously, avoiding adverse impacts on the environment. When tourism is adequately planned and managed, it can yield positive environmental outcomes in the following domains:

- rationalizing the development of natural areas, biodiversity, national parks, reserves, and other attractions to generate adequate funds;
- providing scientific rationale and financial support for the preservation of archaeological and historical sites, preventing their deterioration or disappearance;
- enhancing environmental quality by ensuring the attractiveness, cleanliness, and pollution control of tourist destinations;
- facilitating an increase in the environmental education level of local residents, especially among the youth.

However, the tourism sector can also entail adverse effects, including:

- water pollution resulting from improper development of pipeline roads and solid waste disposal systems;
- alteration of landscapes due to the inappropriate placement of structures, their discordance with the local scenery, and the use of conspicuous and large-scale advertising structures, among other factors.

4 Discussion

Consequently, comprehensive planning for the progression of the tourism sector mandates robust financial backing and strategic planning, incorporating diverse measures to mitigate its adverse ecological effects. In accordance with these considerations, it is recommended to devise initiatives for environmental protection. Tourism planning is an intrinsic component of this undertaking and aligns with the advancement of environmental preservation activities. A pivotal factor in this endeavor is the principle of environmentally sustainable development, acknowledging the receptive potential of territories and ensuring its maintenance [12].

To safeguard the environment, it is crucial to concentrate diverse entities in areas with well-established infrastructure, ensuring continual oversight of ecological elements and adjusting industrial development accordingly. The objective is to eliminate or minimize its adverse impacts. In doing so, environmental challenges arise, stemming from issues within the infrastructure network, increased utilization of landmarks, entities, and services.

When formulating plans targeted at mitigating the adverse effects of waste on the environment, the ensuing actions are recommended:

- rigorous adherence to project specifications in constructing water and power supply systems for facilities, sewage infrastructure, solid waste disposal, and water purification systems, including the thorough processing of accumulated water, coupled with the widespread integration of solar cells for heating;
- adoption of eco-friendly transportation and road systems, repurposing undeveloped open spaces, establishment of parks, and enhancement of areas within designated zones;
- implementation of purposeful land-use and object planning principles, adherence to zoning regulations, construction standards, and architectural design norms, along with the regulation of the placement of advertising structures and signage;
- monitoring visitor flows in attraction zones, imposing restrictions on the number of arrivals, or temporarily halting visitor influx;
- prohibition of tree felling in camping zones and hiking areas, prevention of the collection of rare plants, and safeguarding against disruptions to the natural behavior of wildlife.

Following the execution of initiatives to curtail emissions, uphold environmental safety, and preserve the environment in a given area, it is imperative to diligently observe and

promptly report on these measures. The application of Environmental Planning principles, considering environmental protection measures, proves instrumental in forestalling environmental issues. An environmental impact assessment must be conducted for each distinct project, with an emphasis on averting negative problems and continuously rectifying them. The efficacy of these measures at various stages determines the environmental impact of emissions, encompassing the comprehensive integration of planning processes that address environmental, economic, and socio-cultural influences.

5 Conclusions

Unlike direct regulation through economic stimulus measures, enterprises influence the sources of waste and pollution, granting them greater flexibility in selecting appropriate solutions. The aim is to minimize production and consumption emissions, thereby mitigating anthropogenic challenges to the environment. Enterprises within a country are often better positioned to develop their own capabilities in this regard compared to environmental protection bodies. Incentives for waste reduction are imperative, emphasizing the financial and economic encouragement of enterprises committed to diminishing waste volumes. Establishing an active economic system, supported by a range of state-sponsored financial assistance measures, is essential. This comprehensive mechanism should incentivize businesses to actively participate in waste disposal and recycling. Addressing this challenge requires a strategic allocation of funds for environmental protection measures, with due consideration of established environmental standards. Implementing economic mechanisms with stringent sanctions becomes crucial in steering enterprises toward environmentally responsible practices in various forward-looking directions.

References

1. Decree of the President of the Republic of Uzbekistan, January 28, 2022, No. PD-60, "On the Development Strategy of New Uzbekistan for 2022–2026,". www.lex.uz
2. Kuldoshev R. et al. E3S Web of Conferences **371**. 05069 (2023)
3. Akramova G. (2024). BIO Web of Conferences **93**, 02018
4. Kyuchukov H., de Villiers J., Mamurov B.B., Akramova G R. (2023). Journal of Language and Cultural Education, **11(1)**, 1-15.
5. Mamurov B. (2024). BIO Web of Conferences **93**, 05004
6. Safarova R. (2023). AIP Conference Proceedings **2789**, 1
7. Rafikov A.A., Abirkulov K.N., Xojimatov A.N. (2004) Economy of using nature. Study guide. (T.: TSEU, 2004)
8. Christina G.Campbell and Gretchen L. Feldpausch. (2004) J.: Dairy Sci. **105**:3736-3745. - pp. 3736.
9. Kok Siew Ng, Aidong Yang. (2023) Journal of Environmental Management **325**, 116585. - pp.1-14.
10. Toritseju Begho, Olusegun Fadare. (2023) Cleaner and Responsible Consumption **11**, 100142. - pp.1-7
11. Temitope D. Timothy O., Stephan M. (2021) Environmental Challenges **4**, 100142. - pp.1-9.
12. Anh Thu Nguyen, Nhan Nguyen, Phuong Phung, Nguyễn Yên-Khanh. (2023) Environmental Challenges **13**, 100770. - pp.1-10.

13. Subhashish Dey Veerendra, Siva Shanmukha Anjaneya, Babu Padavala, Phani Manoj. (2023) *Green Analytical Chemistry* **7**, 100085. - pp.1-21.
14. Hongmei L. (2023) *Cleaner Waste Systems* **5**, 100089. - pp.1-12.
15. Gulbahor Akramova, Bahodir Ma'murov. *E3S Web Conf.*, **538** (2024) 05034. DOI: <https://doi.org/10.1051/e3sconf/202453805034>
16. Bahodir Mamurov, Gulbahor Akramova. *MatE3S Web Conf.*, **538** (2024) 02025. DOI: <https://doi.org/10.1051/e3sconf/202453802025>